



# FSL

## Introduction & Overview

**Megan Word**

Chief of Community Engagement

# FSL Mission

To provide home and community-based services and develop energy-efficient, affordable housing to promote health, independence and dignity for all.



# FSL Vision

A caring community that promotes the health and well-being of all.



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**We are a non-profit organization working to improve the quality of life for vulnerable adults and those that care for them.**

**We are doing this by providing services in 4 key areas, across TWENTY SEVEN different programs.**

# FSL

## Founded in Phoenix in 1974

- Legal Name: Foundation for Senior Living
- Phoenix Metro and State-wide
- Services for Arizonans of All Ages
- Qualifying Organization for AZ Tax Credit



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A Safe Home



Nutritious Meals



Health & Wellness



Caregiver Support

# Our Impact



SAFE HOME for 1,098 Arizonans each night



NUTRITIOUS MEALS for 1,166 Arizonans each day



Community-based HEALTHCARE for 3,461 Arizonans each year



115,051 hours of RESPITE CARE each year





# Safe Affordable Housing

**More than 7M low-income families do not have an affordable place to call home**

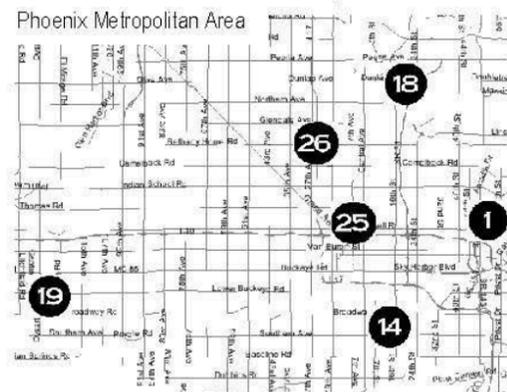
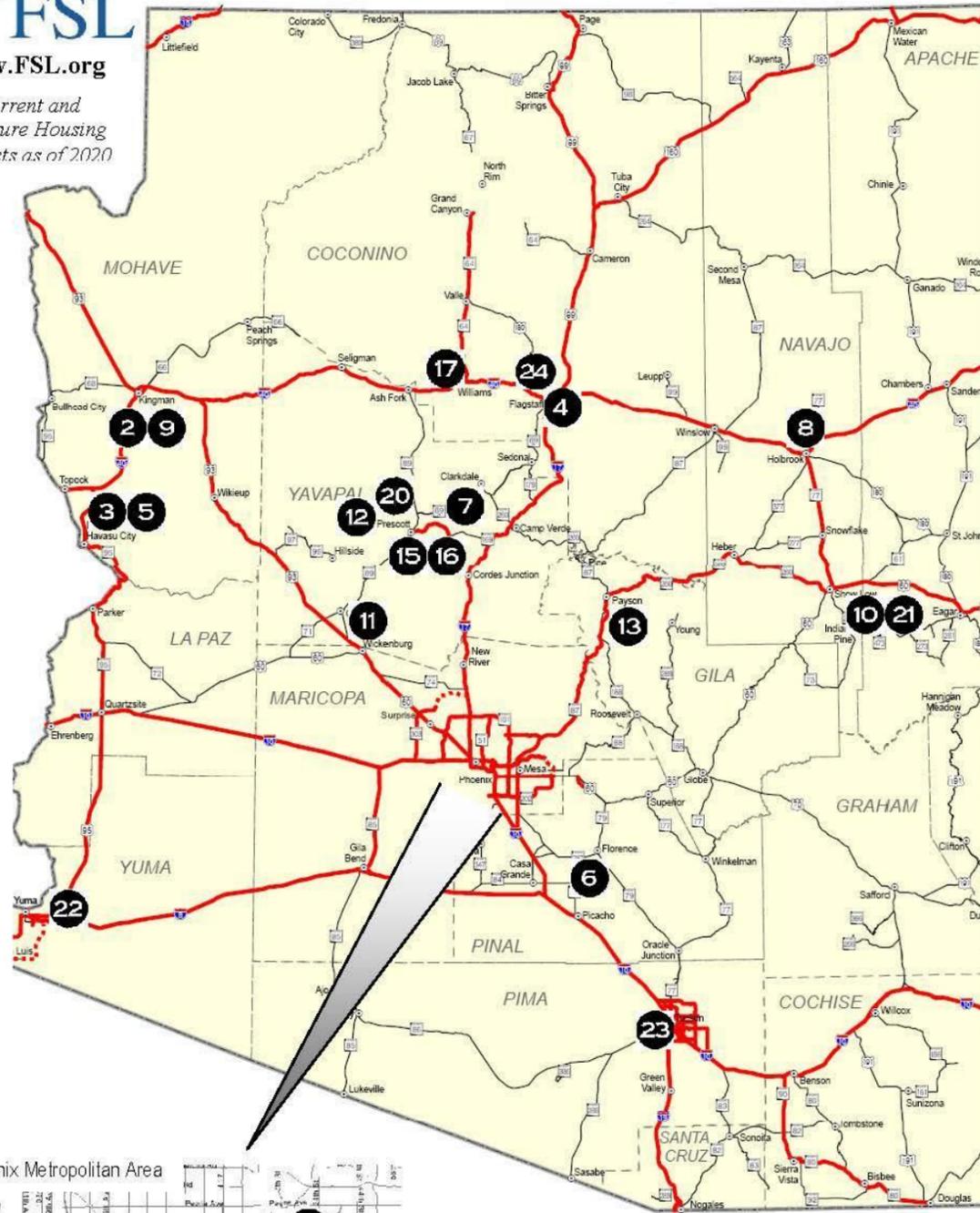
- 25 Multi-Family Communities
- 126 Single-Family Homes in S Phoenix
- Workforce Housing coming soon to Wickenburg – Casa del Sol – Palm Drive & North Tegner Street
- Home Improvements programs
  - Weatherization Accessibility Modifications



www.FSL.org

Current and  
\*\*Future Housing  
Projects as of 2020

## FSL - Building Healthier Communities



- 1 = 29 Palms - 21 Units
- 2 = Amy Neal Retirement Center - 24 Units
- 3 = Becket House Apartments - 50 Units
- 4 = Flagstaff Senior Meadows - 60 Units
- 5 = Havasu Hills Apartments - 50 Units
- 6 = Heritage Glen - 28 Units
- 7 = Highland Square Apartments - 60 Units
- 8 = Holbrook Apartments - 24 Units
- 9 = Kingman Heights - 33 Units
- 10 = Mountain Village Apartments - 32 Units
- 11 = Padua Hills Apartments - 25 Units
- 12 = Passport Apartments - 4 Units
- 13 = Pineview Manor Apartments - 29 Units
- 14 = Village on Roeser - 116 Units
- 15 = Spring Valley Manor - 20 Units
- 16 = Spring Valley Terrace - 20 Units
- 17 = St. Agnes Apartments - 25 Units
- 18 = Sweetwater Gardens - 24 Units
- 19 = Vianney Villas - 50 Units
- 20 = Vista Apartments - 8 Units
- 21 = White Mountain Villas - 32 Units
- 22 = Yuma Senior Terraces - 60 Units
- 23 = Marist on Cathedral Square - 83 Units
- 24 = \*\*Village on Humphrey - 70
- 25 = \*\*Acacia Heights - 78
- 26 = \*\*29 Palms II - 25

# Affordable Rental Apartment Living

- 25 Apartment Communities; 1 under construction (Flagstaff)
- Older Adults, Adults with disabilities
- Studios, 1 & 2 bedrooms
- Utilities included



## Nutritious Meals

### 1 in 7 Arizonans struggle with hunger

- Home-Delivered Meals
- Congregate Meals
  - Meets social needs in addition to nutritional
- Food Pantries
  - 357,468 pounds distributed last year
  - Provides essential toiletry items and cleaning supplies



## Community-based Healthcare

**87% of Americans want to grow old at home but need help in order to do so**

- 17 Residential Behavioral Health Homes
- Medicare-certified Home Health
- Assistance from Hospital to Home
  - Dignity Health Hospitals
- ReCreación - Adult Day Health Services
  - Medical care and supervision during the day
  - Respite for caregivers helps keep families together

Participants of the “Ha-Ha Spa” at the  
**Jamboree of Joy**  
event for family caregivers



## Caregiver Support

**61.6M Americans are currently providing care to a loved one; many don't know help is available**

- Education Series for Family Caregivers
- Care By Design®
  - Community resource navigation
- Respite for Caregivers
  - In-Home and Community-Based Services



## Impacts of Pandemic

- **Temporary Program Closures**
- **Increased Demand for Meals**
  - Congregate packaged for delivery/pick-up
- **Administering Emergency Funding**
  - City of Phoenix/Wildfire, Wickenburg, NW Valley CAP
- **Workforce Challenges**
- **Pause on non-medical Homecare**



# FSL

Helping you live independently

## Questions

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